



Runnymede St Edward's Catholic Primary School
'Inspire, Challenge and Support through Faith'

GOD LOVES ME IN MY CHANGING AND DEVELOPMENT		YEAR 5	
 LEARNING OBJECTIVES – To know and become aware of the physical and emotional changes that accompany puberty, sensitivity mood swings, anger, boredom etc. and grow further in your understanding of God’s presence in your daily life. PRIOR LEARNING: God loves us in our differences.			
KEYWORDS		SKILLS	
God	Sensitivity	Categorising	Observing
Puberty	Presence	Classifying	Listening
Celebrate	External	Questioning	Speaking
Internal	Change	Relating	Respecting
Develop	Ovulation	Reflecting	Thinking
Reproduction	Production	Identifying	Accepting
Hormones	Menstruation	Empathising	Understanding
		Communicating	Presenting
		Evaluating	Researching
PHYSICAL AND INTELLECTUAL			
Identify and celebrate the ways I have changed since birth.		Discuss the external and internal chnges which happen to boys and girls in puberty.	Recognise that sexual development is a natural part of human growth
SOCIAL/ EMOTIONAL			
Recognise behavior changes as we grow up		Reflect on ways to become more sensitive to the emotional development of oneself and others.	How do I deal with difference and manage the conflicts that arise?
EMOTIONAL			
How do I appreciate my own gifts, talents, achievements and all that makes me unique?		How do I appreciate others and the gifts they have been given?	How do I deal with the natural, negative emotions that present themselves?
INTELLECTUAL			
Can I identify and name my feelings?		Do I know and understand what these feelings are?	How do I deal with what I feel, and can I analyse my feelings and actions?
SPIRITUAL			
St Paul’s teaching on love		Sing ‘Peace, perfect peace...’	





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