



Runnymede St Edward's Catholic Primary School



Inspire



Challenge



Support



Faith

Newsletter Friday 17th October 2025



Maths Party Day

This week, Runnymede St Edward's was buzzing with excitement as pupils and staff celebrated **Maths Party Day**! The corridors were alive with numbers, patterns, and puzzles as everyone joined in a day packed full of fun, creativity, and problem-solving. Thank you to Mr Osbourne for coming to speak to Y4 about how he uses maths in his job!

A special 'Thank you' to Mr Debbazi for organising a fantastic day of fun maths activities!



RECEPTION MATHS PARTY DAY



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Free Child SEN Advice Service

University of Liverpool Law Clinic will be providing a FREE SEN advice service at the West Derby Centre For Social Justice. (The centre is based at Dovecot MAC, L14 9BA.)

The SEN Clinic has two solicitors who provide free advice and support to parents of children with SEN (including those without a formal diagnosis).

The Clinic will hold free drop-in sessions (no appointment required), to provide advice in person on a one-off basis between 12-4pm on:

Wednesday 8 October
Wednesday 5 November
Wednesday 3 December

Please contact sophie.brown@merseysidelawcentre.co.uk for any enquiries.



Is my child well enough to attend school, please click [here](#).



It can be tricky deciding whether or not to keep your child off school when they are unwell. There are government guidelines for schools about [health protection and managing specific infectious diseases](#) at [GOV.UK](#). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone school on the first day. Let them know that your child won't be in and give them the reason.

Year 6 secondary school applications

Please ensure you have completed the online school application form as well as your Home Local Authority form for your child's Year 7 place in St Edward's College, September 2026.

The deadline is 31st October.
Click [here](#) to access the form.



Please be advised that school gates open at **08:40am**, please endeavour to have your child in at this time. Gates will close at **08:50am** prompt after which time your child will receive a late mark. If the gates are closed, please go to the main visitor entrance where child will be obtain their mark. Please do not walk up the visitor ramp without pressing the buzzer as staff will be unaware that you are there.

Pre-school children—Gates close at 08:30am. Please drop Pre-School children first then bring their older sibling to their relevant door/gate. It is important they are in at their start time so they can enjoy this important settling in period.



Lot's of creativity in aftercare this week!

Well done everyone!

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about SOCIAL MEDIA & MENTAL HEALTH

An estimated one-third of children have a social media account, so it's important that trusted adults know what content young people are consuming, what they're posting and the interactions they're having. On social media, it can be easy to go down 'rabbit holes' that aren't beneficial to our wellbeing. As platforms grapple with managing such 'lateral but harmful' content, lives are being impacted – sometimes to tragic effect. We might be daunted by the scale of the tech giants and their content which so entrails young people, but we can still help children to be aware of their mental wellness; recognising when something isn't OK – and knowing what to do about content that upsets them.

- 1. UNDERSTAND THE ALGORITHM**
Algorithms rank content by user interest: someone who regularly interacts with sports news, say, will see the latest results at the top of their feed. Likewise, if a user browses content that can cause harm, that's what will be recommended to them in future. Someone whose feed is bogged down and looks for posts which reflect their mood will find similar content being suggested to them more and more.
- 2. AVOID THE MAIN FEEDS**
Avoiding the default feeds on social media platforms limits the amount of recommended content that's shown. Users can opt to only scroll through the accounts they follow, use restricted modes, or highlight posts that they don't want to see more of. Explore the platform safety settings to see how you can take control of what your child's phone shows them when they open the app.
- 3. DISCUSS WHAT THEY'VE SEEN**
Chatting about what your child's seen online keeps you aware of the content they're interacting with. Don't assume that platforms are screening out inappropriate material, or even that your child would recognise content as being harmful. Discuss who they follow, what posts they like and what comes up in their feeds. If alarm bells ring, it could be time for a more in-depth talk or to seek support.
- 4. LEARN HOW TO HIDE CONTENT**
If your child stumbles across unsuitable content on social media, there's the option to hide that post as well as indicating you'd prefer any similar material not to be suggested in future. On some platforms, you might also be able to block posts that contain specific words, which is an excellent way to start taking control of what your child sees online.
- 5. SET DAILY LIMITS**
Phones and most apps can tell you how much they're being used. Spending too long online can mean a child misses out on other activities that are important to all-round wellbeing. You could set some family rules – for everyone to follow – around device use, such as screen time limits and tech-free spaces: involving your child in creating this agreement makes them more likely to stick to it.
- 6. MONITOR THEIR ACTIVITY**
Keeping a discreet eye on how your child is using social media can help ensure they're not entering potentially dangerous situations. As they grow up, of course, children need space to exercise their independence – but you can still occasionally ask to see what they're looking at. Be transparent about your own social media use and try not to sound judgemental about your child's.
- 7. TURN OFF PUSH NOTIFICATIONS**
Even for adults, it's tempting to check an email or message, or such as the alert sound pings. Push notifications encourage people to open their apps and start scrolling. Help your child to practise mindful use of tech: teach them to have other things that they need to focus on as a priority – and those notifications will still be there later, when we have more time.
- 8. USE DEVICES TOGETHER**
Giving children Internet-enabled devices and complete freedom to explore platforms on their own can risk exposure to hugely damaging content. You could consider making a particular area of home a designated space to use phones, tablets and so on – making it much easier to monitor what content your child is viewing and if necessary, to remove them away from any potentially harmful posts.
- 9. ENCOURAGE OTHER ACTIVITIES**
Mental health professionals often highlight the importance of exercise, quality time with loved ones, a balanced diet and restful sleep for our mental health. Spending hours on social media can cause us to sacrifice other activities that our brains need to feel well – so encouraging your child to do other things that they enjoy, and if necessary, to act or look a certain way to fit in, can be a great way to ease the pressure, and listen to any concerns as you can provide the support they need.
- 10. TALK ABOUT PEER PRESSURE**
Most platforms default children's accounts to public, so only people they've accepted can view their posts. This reduces the risk of cyberbullying, but it doesn't mean that life online is safe – the digital world can still be a cruel one. If they need to act or look a certain way to fit in, talk to your child about it. If they need to act or look a certain way to fit in, talk to your child about it. If they need to act or look a certain way to fit in, talk to your child about it.

Meet Our Expert
Shazia Iqbal-Adini is executive headteacher at a specialist primary school and educational therapy coach, works with school leaders to focus on the SEND, mental health and wellbeing agenda. A passionate advocate for vulnerable learners, Shazia is a fellow of the Chartered College of Teaching and the author of The Rainbow Within, a book which supports children with SEN needs.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @nationalonlinesafety /NationalOnlineSafety @nationalonlinesafety

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- RB:** James N M for wonderful imaginative play and **Thea H** for sharing her beautiful smile every morning.
- RP:** Arabella R for always trying her best and **Wallace K** for being a superstar in Phonics.
- 1S:** Reina McCrave for excellent contributions in English lessons and **Lance L** for trying hard with his handwriting.
- 1W:** Jorgie-Tia D for trying her best and **Freddie G** for beautiful manners.
- 2H:** Charlie C and **Meadow M** both working hard to improve their handwriting.
- 2W:** Jocelyn B for using excellent vocabulary in writing and **Lenny D** for working hard to improve his handwriting.
- 3D:** Aaron W for excellent dictionary work In English and **Lucie F** for great work in Maths.
- 3Mc:** Maria M for trying her best in all subjects and **Jasmine A** for being a fantastic role model.
- 4D:** Theo M for being a dedicated learner in all lessons and **Noah F** for always having a positive outlook on life.
- 4Mc:** Grace R for making wonderful progress with reading and **Jacob G** for fantastic subtracting 4 digit numbers with exchanges.
- 5N:** Otavio VPDC for demonstrating great flair and enthusiasm in Maths lessons and **Sofia C** for showing great resilience and giving nothing less than her very best.
- 5T:** Rafael N M for fantastic handwriting practice and **Kendall S** for fabulous artwork.
- 6D:** Sophie P for her amazing attitude towards learning everyday and **Reuben A** for his excellent attitude in every lesson.



Attendance

Attendance Monday 13th October until Friday 17th October

Whole School: **96.54%**

RB:	1S:	2H:	3D:	4D:	5N:	6D:
99.5%	94.5%	94.25%	95.75%	95.5%	94.75%	97%
RP:	1W:	2W:	3Mc:	4Mc:	5T:	
97%	98.75%	97.5%	98%	95.5%	95%	

Week commencing 20th October

- Monday** Y6 Bikeability all week
Y1, Y3, & Y5 PE
LDCSA Cross Country - City
Championships at Wavertree
- Tuesday** Y2, Y4 & Y6 PE
- Wednesday** Ukulele with Mr Tallant
- Thursday:** 5N 'Life Choices' Prayer & Liturgy Parents
Invited REC PE
- Bonfire Lunch—Please pay on Arbor if you are a packed lunch
- Spanish Club
- Friday** 5T 'Life Choices' Prayer & Liturgy Parents
Invited **No Swimming today.**
- School closes for half-term at normal time



Happy birthday to all children who have had a birthday this week. We hope you had a lovely day!

Lucia M, George D & Grace Mc