



Runnymede St Edward's Catholic Primary School



Inspire



Challenge



Support



Faith

Newsletter Friday 21st November 2025



Instagram



We are now on Instagram!

Please follow our
learning journey over
the coming academic
year!

@runnymedestowards

(Please note, we will no longer be using our
Twitter account)

15:33

5G 60

runnymedestowards



New Music
Friday



2
posts

18
followers

1
following

The most over subscribed Catholic Primary School in
Liverpool. High performing academic, sporting & music
excellence. Official Cathedral Choir school.

www.runnymede-school.org.uk

Professional dashboard

170 views in the last 30 days.

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This Week at Runnymede

This week, Year 2 have been learning about The Annunciation of John the Baptist. We made puppets to act out the story together.



This week in Year 1 PSHE, we explored the theme of individuality and celebrated how each of us is different and unique. Our focus was the classic story *Elmer*, the colourful patchwork elephant. Inspired by Elmer, the children created their own elephants and illustrated the special qualities that make them unique.



It has been a very busy week! We have attended a bully busters workshop and a peer mentoring session. We have listened to a fuelling sleep assembly and the wonderful asylum link choir, who brightened up all of our mornings with their wonderful music and dancing.



Year 3 have taken part in an Anxiety workshop with MHST. We also made arrays in Maths, took part in a lovely walk for CAFOD and tasted lots of different foods to help us sleep.





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Cafod Winter Walk



Sleep Fuelled Themed Menu!



COMPASSION FOR THOSE IN NEED

Showing, in the spirit of Blessed Edmund Rice, particular love and concern towards the weakest members of the school community and reaching out beyond the school in compassion and practical action for the poor and marginalised both locally and internationally

A Morning of Music, Joy, and Edmund Rice Spirit at Our School

Our school hall was transformed into a place of rhythm, colour, and pure joy as we welcomed the Asylum Link Choir for a very special visit. The moment the first notes rang out, something magical happened—there wasn't a single child or adult who could keep still! Feet tapped, shoulders swayed, and smiles spread across the room like sunlight. It was the kind of music that didn't just fill the hall; it lifted every heart in it.

The Choir, made up of people from many countries and cultures used their music to uplift us all. This visit is part of our Catholic Social Teaching and was organized and attended by our Edmund Rice England Network Team. The visit echoed messages that sit at the very heart of our Edmund Rice 8 Essentials, making the morning feel not just enjoyable but deeply meaningful.

As they sang, we saw presence in its truest form—every person in that hall fully alive to the moment, connected through shared sound. Their harmonies carried a message of compassion, reminding us of the importance of seeing and honouring the dignity of each person. The Choir's resilience and joy spoke beautifully to us all, showing how music can free the spirit even in the face of difficulty.

The Choir's performance encouraged courage; inspiring everyone to stand up for kindness and understanding. And finally, the morning reminded us of love of the marginalised, a call to extend our hearts beyond ourselves. Sentiments spoken about by the late Pope Francis in his encyclical *Fratelli Tutti* 'We are one global family'. The Pope asks us to see ourselves not just as a school or local community, but as one human family in our shared "common home" on Earth.

By the final song, the hall was buzzing with energy. Teachers found themselves clapping along just as enthusiastically as the youngest pupils. When the last note faded, the applause was thunderous—not just because the music was wonderful, but because the message behind it touched us all.

The Asylum Link Choir didn't just visit our school; they brought the Edmund Rice story to life through every beat and breath. It was a morning we will remember—one that left us humming, hopeful, and more connected than when we walked in.



CONCERN FOR THE WHOLE PERSON

Centering the curriculum, opportunities and challenges of the school on the balanced and integrated development of its students, and staff, across all the positive dimensions of personal growth - religious moral, intellectual, cultural, physical and social

Sleep tips:

1. Turn off all screens an hour before bedtime, this includes television, laptops, tablets, and mobile phones. Screen activities can be mentally stimulating and may inhibit the production of melatonin, the sleep hormone that helps us to feel drowsy.
2. Set aside time earlier during the day to allow your child to share any worries with you. It can be helpful to share how their day has been and what is planned for the next day. Make sure to give them your full attention.
3. Dim the lights in the hour before bed to create a relaxing environment and aid the production of melatonin.
4. Fine motor skill activities such as craft activities, model making, jigsaws or colouring pictures can aid relaxation.
5. Massage can help some children to unwind.
6. Classical music can be very soothing and makes good relaxing music to play in the background during the bedtime routine.
7. Mindfulness is being increasingly used and there is evidence to suggest that it can be helpful to promote relaxation and sleep. There are a number of apps and products on the market that may be useful.
8. Encourage your child to concentrate on their breathing. Imagine breathing in a beautiful white light and blowing out any worries or troubles each time they exhale. Breathing exercises are also useful for parents to carry out and are a great exercise to enjoy together.
9. Teach your child to progressively relax the muscles in their body. They can begin by tensing their feet to the count of 5 and then letting them relax. Next tense the calf muscles and relax, moving up to the thighs and so on until they have relaxed each part of their body. This is another good activity to try together.
10. End the day on a positive note by sharing 5 great things that have happened during the day.



**A CELEBRATION
OF
CHRISTMAS**

7PM SATURDAY 13 DECEMBER

Join us for a festive celebration with the Cathedral Choir and special guests, as they perform beloved Christmas carols and seasonal favourites.

Tickets £10 each | £18 family

Scan the QR code or get them online at www.ticketsource.co.uk/metcathedral

Archdiocese of Liverpool
MUSIC

Metropolitan Cathedral
of Christ the King Liverpool

*Santa is coming...to the
Albert Dock!*

**LIVERPOOL
ZOE'S PLACE
SANTA'S
GROTTO**

A magical Christmas experience

21ST - 22ND DECEMBER 2025
10AM - 6PM

REVOLUCION DE CUBA

**£10 PER CHILD
£7 FOR ANY
ADDITIONAL
CHILDREN
(ADULTS GO
FREE!)**

Ticket includes:
Photos with Santa, festive arts
and crafts, games and each child
will receive a gift!

**SEN HOUR
10-11AM
EACH DAY**

*All proceeds go to Liverpool Zoe's Place to continue
to support local children with life-limiting and
life-threatening conditions, and their families.*

Registered charity number: 1211373

FR
FUNDRAISING
REGULATOR



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- RB:** **Mya M** for always making good choices and **Georgia P** for sitting nicely on her chair.
- RP:** **Ada J** for confidently contributing to our lessons and **Makar M** for trying really hard with his Phonics.
- 1S:** **Hattie B** for always setting an amazing example for others and **Bobby F** for consistently engaging in lessons and providing thoughtful answers.
- 1W:** **Leonardo O** for working hard and **Grace Mc** for excellent listening.
- 2H:** **Autumn W** for always being a role model and **Harper B** for an excellent effort in Maths.
- 2W:** **Bodhi C** for being a brave mathematician and **Jacob M** for excellent subtraction work.
- 3D:** **Carter W** for great work in Maths and **Caius A** for
- 3Mc:** **Theo P** for giving 100% in all subjects and **Teddy W** for his amazing contributions to class discussions.
- 4D:** **Annabelle F** for working hard on improving her vocabulary in English and **Ella O** for super work in Maths on her multiplication and being resilient.
- 4Mc:** **Aria D S** for fantastic work in English and **Ivy J** for her amazing understanding of God's Whisper to Elijah.
- 5N:** **Polly Mc** for sharing great responses and ideas in her lessons and **Renley H** for making improvements in his handwriting.
- 5T:** **Alex D** for showing impressive knowledge in R.E and **Didi B** for working hard on her handwriting.
- 6D:** **Grace Mc** for her excellent enthusiasm and participation in all lessons and **Louie B** for his brilliant attitude towards learning this week.



Attendance

Attendance Monday 17th November until Friday 21st November 2025

Whole School: **97.12%**

RB:	1S:	2H:	3D:	4D:	5N:	6D:
RP:	1W:	2W:	3Mc:	4Mc:	5T:	
96.9%	97.32%	96%	96.9%	97.27%	94.61%	



Happy birthday to all children who have had a birthday this week! We hope you had a lovely day!

**Vielsa F, Amelia H, Theo M, Liza S B, Evie P,
Aria D S, Max F & Jessica O'C**



Week commencing 24th November

Monday	Y1, Y3, & Y5 PE Y6 Parent/Carer Isle of Man Meeting
Tuesday	Y2, Y4 & Y6 PE
Wednesday	Ukulele with Mr Tallant
Thursday:	REC PE Year 5 Condoover Hall Meeting Spanish Club
Friday	Non Uniform Day—donations of bottles/ chocolates/boxes of biscuits KS2 Swimming