

Runnymede St Edward's Catholic Primary School

Inspire, challenge and support through faith

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Head Teacher: Miss K Peaston



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Dear Parents and Carers

Re: Head Lice

We have found evidence of head lice amongst our pupils. You may know that head lice commonly occur amongst children at school and do not in any way mean that the hair is dirty. In fact, head lice tend to prefer clean hair.

The School Nurse no longer checks children's hair as part of our normal inspection, so I would ask you to inspect your own children's hair regularly, and also the rest of the family as this is an extremely common problem.

Fortunately, we can get rid of head lice quickly and easily using special lotions. Should you find lice, we advise you to take the following action:

1. Ask your local chemist to recommend a suitable lotion. The lotions used are changed from time to time so that the head lice cannot become immune to them.
2. Follow the instructions on the pack very carefully. **Some products must be used twice, 7 days apart, to ensure efficacy.**
3. Treat all members of the household and advise anyone else who has been in contact with your child to check their own hair. Head lice are only caught from direct head to head contact. Contact may include parents, brothers and sisters, aunts and uncles, cousins, grandparents, playmates, baby sitters and child minders, family friends, or anyone else your child has been in close contact with.
4. Regularly brushing or combing is the best safeguard against lice.
5. Check your child's hair once a week for lice or for their eggs (nits) which can be found sticking to individual hairs.

For further information, please visit www.nhs.uk/Conditions/Head-lice

Many thanks for your cooperation.

Yours sincerely

Mrs P O'Donnell



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SCHOOL

