



9th November, 2022

Dear Parents / Carers,

Cost-of-living support

Find out what help and support is available to you and your family as the cost-of-living crisis continues to bite.

Get in touch with us to let us know if you're struggling with your finances for educational learning visits or extra-curricular activities.

Please contact Pauline O'Donnell, confidentially, on 0151 281 2300.

We know everyone is feeling the pinch this winter and we want to support those families in our school community who are impacted the most. If you're struggling with your finances, please do get in touch to let us know, as there may be things we can suggest which will help. We want to do everything we can to help you and your child through this difficult winter.

Contact your local Citizen's Advice Bureau or Family Hub

Citizen's Advice Bureau (CAB)

You don't have to be a UK citizen to get support from your local CAB, you just need to be a resident of the local area. The CAB can help you with:

- Getting benefits or other financial support organised
- Accessing support for essential costs (food, bills, rent)

Visit the [Citizens Advice's](#) website or contact your local branch to book an appointment. The nearest branch to Runnymede is located at Dovecot Place, Knotty Ash, Liverpool 14.

Telephone Number: 0344 848 7700.

Family Hub

Contact your local Family Hub to get help accessing all the support you might need as a family.

- Tuebrook Site - 0151- 233 3830 - Lower Breck Road site behind St Margaret's Primary School, L6 4BX Tuebrookcc@liverpool.gov.uk



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Runnymede St Edward's Catholic Primary School

Inspire, challenge and support through faith

North Drive
Sandfield Park
Liverpool
L12 1LE

Head Teacher: Miss K Peaston



admin@runnymede-school.org.uk
www.runnymedestwards.co.uk
0151 281 2300

- West Derby Site - 0151 233 6202 - Blackmoor Park Primary School, Leyfield Road, L12 9EY westderbycc@liverpool.gov.uk
- Yew Tree Site – Telephone: 0151 296 7950 – Yew Tree Medical Centre, Berryford Road, L14 4ED Yewtreecc@liverpool.gov.uk

These Hubs offer a range of inclusive services for children and families, from ante natal to early learning, health and family support. The centre will encourage and support parents to access services for their children and themselves and help families benefit in the critical early years of their children's lives

Check you're paying the right amount of tax

Make sure you're on the right tax code. If you aren't you might be due a refund. Use the [Money Saving Expert's](#) free tax code calculator to find out.

Claim any benefits you're entitled to

Use 1 of these benefits calculators to determine whether there are any benefits you could be claiming:

- [Turn2us](#)
- [Policy in Practice](#)
- [Support for migrant families](#) – use this calculator if you are a migrant family, or if you have no recourse to public funds

You may be able to get benefits paid early if you're already feeling the squeeze - this is known as 'a short-term benefit advance' - you will need to contact the Department for Work and Pensions (DWP) office.

Department of Work and Pensions

- Anfield Business Centre 58 Breckfield Rd, Liverpool · 0845 604 3719
- Hordan House, 35 Price St, Birkenhead · 0151 649 1000



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Check you've received all the government's cost of living payments

The government's [cost of living payment](#) is available for those receiving certain benefits or tax credits. You don't need to apply for these – if you're eligible the money should go straight into your account. If you think you're due a payment, but haven't received one – [report a missing payment](#) to the government here.

Be aware of scams! If you receive any emails, texts or phone calls asking you to fill in an application form or asking for your bank details to receive a cost of living payment, **do not talk to them or send a reply**. Get more information on [cost of living scams](#) on the Money Saving Expert's website

Find out what help you can get with your energy bills

Take a look at these resources from [Simple Energy Advice](#), the [British Gas Energy Trust](#) and the [Money Saving Expert](#) website.

Let us know if your child is entitled to free school meals (FSM)

If your child is eligible for free school meals (FSM) you need to get them registered. This will allow them to get a free meal at school, and we'll get extra funding to support your child's learning. Parents are able to check on line at <https://national.lgfl.net/services/free-school-meals>. In addition, you will have received an information request pack before the commencement of your child's education at Runnymede. If your circumstances have changed, please contact Mrs O'Donnell and she will arrange for a copy to be sent to you.

See what other support you can get from your Local Authority

Liverpool City Council have useful advice available on their website, more information is available here: <https://liverpool.gov.uk/benefits/advice-and-support>

Local authorities have lots of different schemes that you might be eligible for, including:

The [holiday activities and food programme](#) – access to food and activities over the school holidays
[Help with transport to school](#) / [Help with the cost of uniform](#)



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Get free or low-cost food

If you're worried about not having enough food to feed your family, you're not alone. There are a number of places offering support.

At Runnymede, we understand the demands on our parents' time and so we operate a wrap-around service both before and after school. Breakfast Club and Aftercare is available to all children at Runnymede.

We have carefully taken into account the needs of our children as well as those of parents, and we are confident that we are able to offer you a quality service.

To request a place, you must complete the form below and return to our Business Manager, Mrs L Riley: sbm@runnymede-school.org.uk

If you have a child under 4, and meet the eligibility criteria, you may be entitled to [healthy start food vouchers](#)

- North Liverpool Foodbank: St Andrew's Community Network, Clubmoor Community Centre, 16 Larkhill Lane, Liverpool L13 9BR
- South Liverpool Foodbank: Bridge Chapel Centre, Heath Road, Liverpool L19 4XR
-

Find a local foodbank with these websites: [Bankuet](#), [The Independent Food Aid Network](#), the [Trussell Trust](#), or your local [community fridge](#)

Use food waste apps and websites like [Olio](#) (for free food and household items from your local community), [Too Good To Go](#) (for low cost food from local restaurants), or [Low Price Foods](#) (food that has passed its best before date, but is still safe to consume)



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Further information

Contact [StepChange](#), if you're struggling with debt

Contact [Shelter](#) if you're having issues related to housing

Get free household goods on [Freecycle](#)

Contact the [Salvation Army](#) for emergency assistance

See if you're eligible for [grants from Turn2us](#)

Single parents can get support from [Gingerbread](#)

Yours sincerely,

Senior Leadership Team

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